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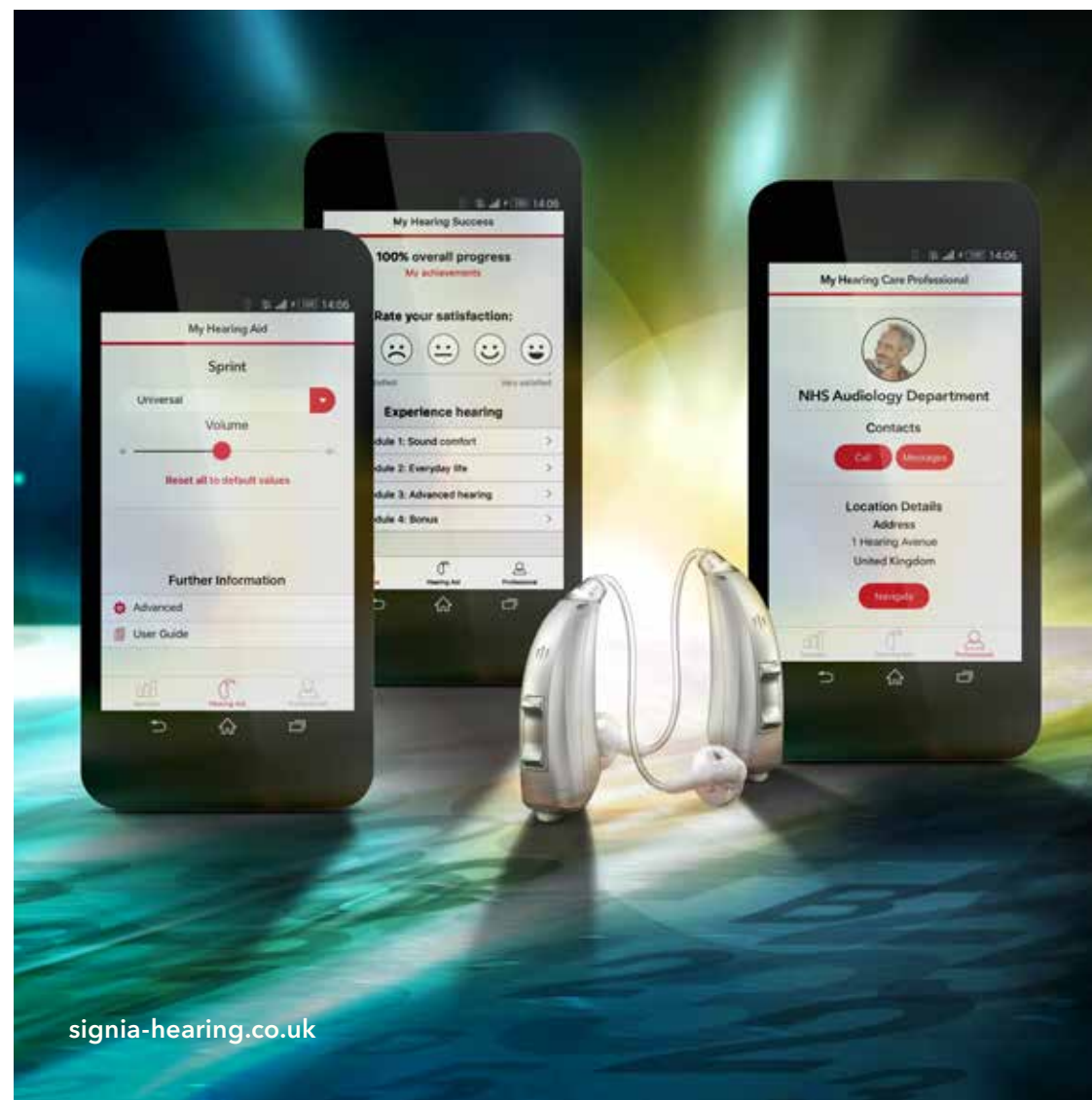
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Your hearing journey - information guide.

Booklet Two.



signia-hearing.co.uk



Using your new Sprint™ hearing aids

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Section 1

Introduction

This booklet has been provided along with your new Sprint hearing aids. The booklet provides important information which will help you get the most benefit from using the hearing aids: how to use the hearing aids, how to maintain the hearing aids and useful exercises for adjusting to wearing hearing aids.

Please read carefully before starting your new hearing journey.

Learning to hear again

A lifetime of listening has taught you to hear what you want or need to hear from your environment. Your hearing loss has temporarily disrupted this process and your brain is not used to hearing everything normally.

When wearing your hearing aids for the first time, you will become acutely aware of all sounds. Also your voice could sound very different to you. This is completely normal.

The more you can wear the hearing aids, the more quickly your brain will remember how to focus on the sounds you want to hear and ignore others. Whilst your own voice sounds different to you, it probably sounds perfectly normal to everyone else. Over time, as you become used to your hearing aids you will notice these elements less and less.

This usually takes a little while, research shows the process of adjusting to new hearing aids can take up to six months.* Patience and perseverance is needed.

There is no right or wrong approach to wearing hearing aids for the first time. Your approach will most likely be influenced by the type of person that you are.

Whilst everyone is different, we find there are often two different methods that people use. More detail can be found on page 14.

* The time course and magnitude of perceptual acclimatization to frequency responses: evidence from monaural fitting of hearing aids.

Source: Gatehouse S. MRC Institute of Hearing Research (Scottish Section), Royal Infirmary, Glasgow 1992.

Section 1

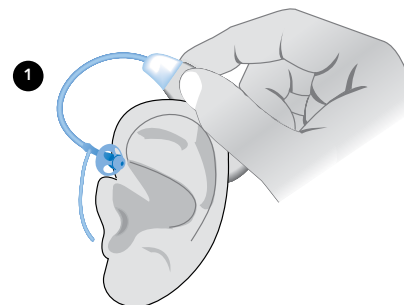
How to use your Sprint hearing aids

Hearing aids are basically miniature amplification systems which selectively increase the volume of some speech sounds to help improve your hearing. They help make soft sounds easier to hear, whilst at the same time making loud sounds more comfortable. The technology in hearing aids is such that they will automatically adjust themselves to provide you with a comfortable level of speech.

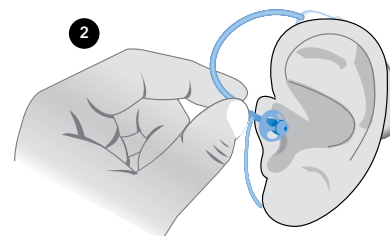
For more guidance on using your hearing aid, please refer to the Sprint user guide. Follow the safety guide to avoid damage or injury.



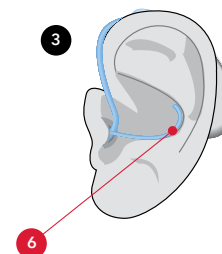
Putting your hearing aids in



1 Lift the hearing aid and secure it over the back of your ear.



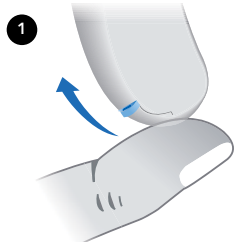
2 Hold the ThinTube (4) between the thumb and forefinger and insert the LifeTip into your ear canal. Gently work it into position to make sure it is firmly in your ear.



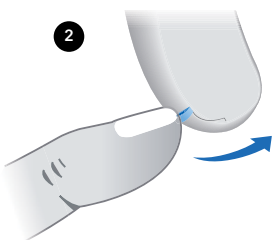
3 Take the anchor (6) of the LifeTip and curl it into the bowl of your ear to help secure the LifeTip in place. Turn the hearing aid on.

Section 1

Turning your hearing aids on & off

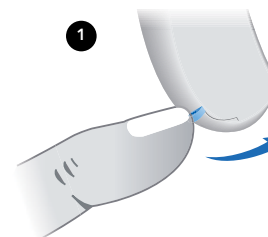


- 1 On**
To switch the hearing aid on close the battery compartment.

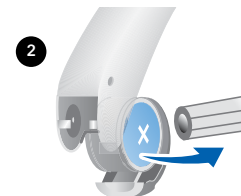


- 2 Off**
To switch the hearing aid off open the battery compartment.

Removing & replacing the battery



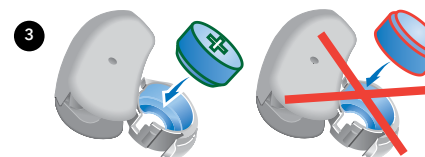
- 1** Open the battery compartment completely using your finger as shown in the illustration.



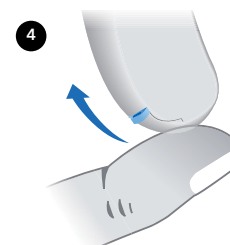
- 2** Normally, the battery drops out when the compartment is completely open.

If the battery does not come out, lightly tap the instrument or use a magnet stick to push out the battery from behind if needed. The magnet stick is available as an optional accessory.

DO NOT USE A PEN OR SIMILAR AS THIS MAY DAMAGE YOUR HEARING INSTRUMENT.



- 3** Insert the proper size battery. Make sure that the "+" symbol on the battery points up as shown in the picture. To switch the hearing aid off open the battery compartment.



- 4** Close the battery compartment.
Do not force the door shut. If it does not close easily, check to see that the battery has been inserted correctly.
When the battery door is completely closed, your hearing aid is ready for use.

Section 1

For more guidance on your hearing aid controls, please refer to the Controls section in the Sprint user guide.

Adjusting the volume control

When you turn your hearing aids on, they will remember the previous volume setting. Your two hearing aids are linked and communicate with each other. **This means you only need to move the rocker switch on one hearing aid and the volume will change on both sides.** You will hear a bleep each time the rocker switch is pressed.



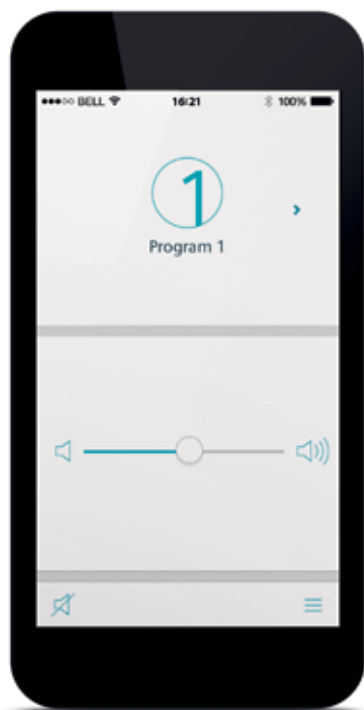
If you find it necessary to increase the volume more than normal please check tubing is not blocked by either wax or moisture. To clean the tube refer to section 5. Make sure the volume is decreased before placing back on ear.

- 1 If you want to make the volume louder, press the top part of the volume rocker switch until you reach a comfortable level. If you reach maximum loudness the aid will bleep a few times to let you know.
- 2 If you want to make sounds quieter, press the bottom part of the volume rocker switch. The hearing aid will also bleep a few times when you reach the minimum loudness.

An alternative way to adjust the volume on your Sprint hearing aids is by using an app on your iOS and Android smartphone or tablet which is available to download free of charge. Please see opposite for further details.



Section 1



Using the touchControl App

Sprint hearing aids are compatible with the touchControl App™ which provides simple volume and program adjustments and is available to download for free from the Google Play and Apple App stores. To download the touchControl App, visit your app store and search for 'touchcontrol app' and the app will be loaded onto your device.



To set up the touchControl App on your phone, please launch the app and then follow the on-screen set up instructions.

Adjusting the volume using the touchControl App

To adjust the volume of your Sprint hearing aids using the touchControl App, simply slide the volume button to your preferred volume level. When you slide the volume button you will hear a single bleep. When you reach the minimum and maximum volume settings you will hear 3 bleeps. When you select the middle volume you will hear 3 descending bleeps.



Adjusting the SoundBalance (Bass/Treble) using the touchControl App

In certain situations you may feel you want to fine tune the sound of your Sprint hearing aids to further maximise your personal sound quality. To do this select the bottom right icon on the main screen which displays further options. Slide the SoundBalance™ button to your preferred SoundBalance level. When you slide the SoundBalance button you will hear a single bleep. When you reach the minimum and maximum settings you will hear 3 bleeps. When you select the middle SoundBalance setting you will hear 3 descending bleeps.



Sprint learns your preferred settings

After turning off and then turning back on your Sprint hearing aids, they will always remember the last settings you have selected. Over time your Sprint hearing aids will learn your preferred volume and SoundBalance settings for different situations and will automatically adjust as required.



Section 1

Using the myHearing App

Linking you and your Sprint hearing aids to your Audiologist from anywhere.

With your new Signia Sprint hearing aids you now experience more than the best hearing aid technology. You also can enjoy the gold standard in support through guided assistance, personal progress monitoring, remote fine tuning of your hearing aids and CareChat communication with your Audiologist, wherever you are.

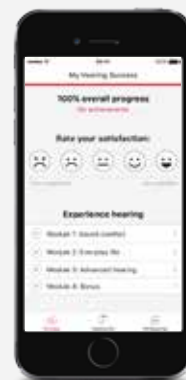
In as little as ten minutes a day, myHearing App helps you

- **learn about your hearing aids so you become familiar more quickly.**
- **provide feedback on your experience for better individualization.**
- **communicate with your NHS Provider via text, voice or video CareChat for a new standard in personal support.**



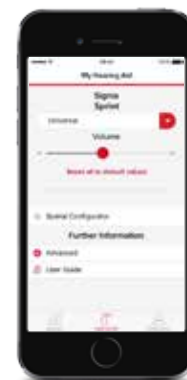
Hearing success made simple.

The myHearing App provides you with all the support tools you and your Hearing Care Professional need to guide you through a successful trial to become an experienced hearing aid wearer in as little time as possible.



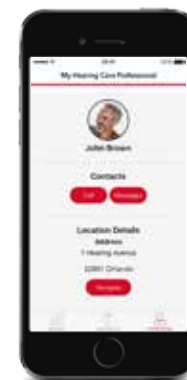
My Hearing Success.

Get familiar with your new hearing aids faster than ever before thanks to engaging step-by-step listening exercises and guided assistance. Ensure your personal progress by sending feedback and satisfaction ratings directly to your NHS Provider.



My Hearing Aids.

Remotely control your hearing aids and enjoy easy access to frequently asked questions and a user guide. These tools enable you to address many issues without delay.



My NHS Provider.

Communicate with your NHS Provider via text, voice or CareChat for a new standard in personal support. Benefit from advice and troubleshooting wherever you are, reducing the amount of follow-up appointments.

myHearing App works with most Android and iOS devices.

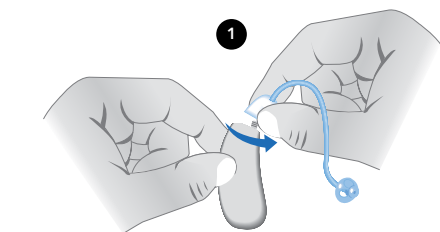
Visit
myhearing.com
for download
information and
videos on how to
use the app.



Section 1

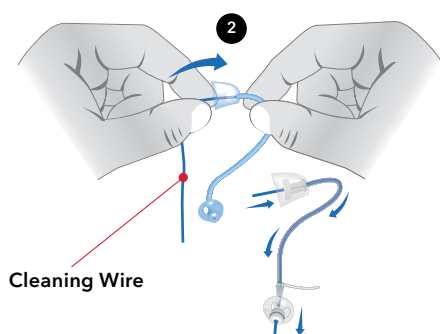
How to clean your hearing aids

Your Thintubes will need cleaning on a regular basis to make sure they don't get blocked with wax or debris. They should be cleaned at least once a week. To do this you should:



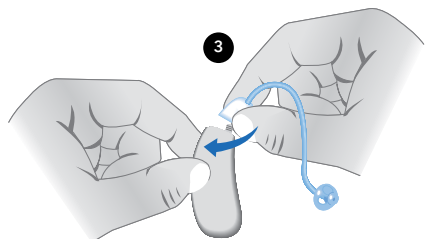
1 Carefully wipe the LifeTip with a soft damp cloth.

Carefully remove the locking pin and remove the ThinTube from the hearing aid.



2 Insert your cleaning wire into the ThinTube (starting at the end that has come off the hearing aid) until it comes out of the other end removing any wax/debris.

Wipe the cleaning wire with a soft cloth to remove any loosened debris.



3 Carefully reconnect the ThinTube to the hearing aid and insert locking pin, ensuring that you get the right hearing aid with the right tube, and the left hearing aid with the left tube.

Your LifeTip and tube will require regular replacement. Your NHS Provider will give you details about how this can be done.



Section 2

Getting used to your Sprint hearing aids

There is no right or wrong approach to wearing hearing aids for the first time. Your approach will be most likely influenced by the type of person that you are. **Whilst everyone is different, we find there are often two different methods that people use.**

Method one - Run with it!

If you are this sort of person, then you are ready and willing to receive your hearing aids. You understand that it will take a little time for you to adjust to using them but it is all or nothing for you!

From day one, you will make maximum use of your hearing aids. You will put them on in the morning and not take them out again until going to bed at night. You will listen to all the sounds that you have been missing. You will very quickly learn and accept your hearing aids. You may wish to look at the exercises on pages 16-19 as an idea of what to listen out for when wearing your hearing aids.

Method two - Slowly does it...

It can take you time to accept anything new and you need time to think about and use new things. If this is your preferred way, then gradually build up the use of your hearing aids. Allow yourself time and don't let anyone rush you, these are your hearing aids and they are going to assist with your hearing and communication.

Wear the hearing aids for an hour or so where you feel comfortable, starting in a quiet environment. Then gradually increase your use to two, then three hours and so on. When you feel ready, start wearing your hearing aids in more noisy environments, such as at work or out shopping.

Remember the more you wear your hearing aids in a variety of situations, the easier you will find listening with them.



Whichever method you use...

Remember we hear sound because the messages from the inner ear stimulate the area of the brain that processes sound. If you need a reminder of this, look back to page 6 of booklet one *Your hearing journey - information guide*.

However, if a hearing loss is present, over time the nerve that delivers the information and the brain can "forget" how they are supposed to work.

For example, most people learn to ride a bicycle when they are children; however many people rarely go near one in their adult lives. But if you had the desire to, you could sit on a saddle and it wouldn't take long before you were able to peddle along confidently without falling off.

Hearing sound with a hearing aid is very similar, your brain still has the capability to hear and process the sound but it can take a while for it to learn how to do this again. The next section contains a selection of exercises which are designed to help you to do this.



Section 2

Exercises

The following exercises are designed to help you get used to using your hearing aids in the first few weeks. They will also help you to identify and adjust to hearing sounds that you may not have heard well for some time. You can repeat these exercises whenever you want and you can also think up your own exercises to include.

WEEK 1

Exercise 1

Without wearing your hearing aids sit in your usual chair at home to watch a news programme on the television. Ask a friend or relative with good hearing to set the volume on the television to suit them. After 5 minutes put on your hearing aids and ensure they are switched on. Adjust the volume of the hearing aids so that you can hear the TV without difficulty. Make a note below of how well you hear with your hearing aids when compared to listening without them.

0 = No difficulty 5 = A lot of difficulty

Hearing Without Hearing Aids	0	1	2	3	4	5
Hearing With Hearing Aids	0	1	2	3	4	5

Please continue to refer to the
'Good Communication Tactics' in booklet One page 10.

WEEK 1

Exercise 2

You don't know what you haven't heard! Take 5 minutes to walk around your home without wearing your hearing aids. Make a note of the sounds that you hear. Then fit your hearing aids and take the same walk around your home. How many sounds can you hear this time? Were there any that you didn't hear the first time? Make a note below on what you heard.

0 = No difficulty 5 = A lot of difficulty

Hearing Without Hearing Aids	0	1	2	3	4	5
Hearing With Hearing Aids	0	1	2	3	4	5

WEEK 1

Exercise 3

Focus on something that makes a noise in your home, for example a clock ticking. Without wearing your hearing aids, stand next to the object, and then slowly move away from it until you can no longer hear the sound it makes. Make a note below of how far you are away from the object. Now stand next to the object again, but this time wear your hearing aids. Slowly move away from the object until you can only just hear the sound. Note the difference in distance, are you able to stand further away and still hear the sound?

0 = No difficulty 5 = A lot of difficulty

Hearing Without Hearing Aids	0	1	2	3	4	5
Hearing With Hearing Aids	0	1	2	3	4	5

Section 2

WEEK 1

Exercise 4

Whilst shopping and wearing your hearing aids, adjust the volume control so that the sound in the shop is comfortable. Think about the sounds you hear around you. Are there any that you have not heard in a while? Talk to the shop assistant. Did you have to ask people to repeat anything?

= No difficulty = A lot of difficulty

Hearing Without Hearing Aids

Hearing With Hearing Aids

WEEK 2

Repeat Exercises 1 to 3

Do you notice any differences from what you were able to hear last week to this week? Are the sounds quieter or louder? By adjusting the volume control you can set the sounds to a comfortable level.

= No difficulty = A lot of difficulty

Hearing Without Hearing Aids

Hearing With Hearing Aids

**Please continue to refer to the
'Good Communication Tactics' in booklet One page 10.**

WEEK 2

Repeat Exercise 4

This time if you talk to the shop assistant, make sure you face them when doing so. If you cannot clearly hear them try adjusting the volume control and see if you can make it clearer.

Was the shop experience in Exercise 4 any different to last week? Also make a note of any other observations from last week. Your awareness of the changes in your hearing is a key part of helping you get used to your hearing aids and learning how to hear again.

= No difficulty = A lot of difficulty

Hearing Without Hearing Aids

Hearing With Hearing Aids

WEEK 2

Exercise 5

Perhaps you have been avoiding doing some activities because of your hearing, for example going to see the friend who is very softly spoken, going to the theatre/cinema or listening to music. If so, then try doing the activity whilst wearing your hearing aids.

= No difficulty = A lot of difficulty

Hearing Without Hearing Aids

Hearing With Hearing Aids

Over the coming weeks your hearing aids will learn your listening preferences and automatically adjust themselves in various situations. Once the hearing aids have begun learning you may find there is less need to make adjustments as the hearing aids will automatically adjust themselves. By adjusting your hearing aids and gaining more experience you will find using your hearing aids will get easier over time.

Section 2



Please remove pages 25-28
and return to your audiologist

The two vital elements to
your hearing solution

There are two elements to your hearing solution. There are the hearing aids that you wear, and the other element is you! Whilst we can provide the hearing aids, advice and guidance, you also need to decide how much you will put into the process. Your NHS Provider will help you, but getting your motivation right is vital to the success of you hearing better. Therefore this is effectively a partnership, and the most important thing is that you give this process a chance. This means wearing your hearing aids in your day-to-day life and performing the exercises already described on pages 16-19.

Before your follow up appointment, please complete this section and have it available for the appointment.

Does this situation happen in your life?

Listening to the television with other family or friends when the volume is adjusted to suit other people	Y	N				
Q1 How much difficulty do you have in this situation?	0	1	2	3	4	5
Q2 How much does any difficulty in this situation worry, annoy or upset you?	0	1	2	3	4	5
Q3 In this situation, what proportion of the time do you wear your hearing aid?	0	1	2	3	4	5
Q4 In this situation, how much does your hearing aid help you?	0	1	2	3	4	5
Q5 In this situation, with your hearing aid, how much difficulty do you now have?	0	1	2	3	4	5
Q6 For this situation, how satisfied are you with your hearing aid?	0	1	2	3	4	5

Does this situation happen in your life?

Having a conversation with one other person when there is no background noise	Y	N				
Q1 How much difficulty do you have in this situation?	0	1	2	3	4	5
Q2 How much does any difficulty in this situation worry, annoy or upset you?	0	1	2	3	4	5
Q3 In this situation, what proportion of the time do you wear your hearing aid?	0	1	2	3	4	5
Q4 In this situation, how much does your hearing aid help you?	0	1	2	3	4	5
Q5 In this situation, with your hearing aid, how much difficulty do you now have?	0	1	2	3	4	5
Q6 For this situation, how satisfied are you with your hearing aid?	0	1	2	3	4	5

Does this situation happen in your life?

Carrying on a conversation in a busy street or shop	Y	N				
Q1 How much difficulty do you have in this situation?	0	1	2	3	4	5
Q2 How much does any difficulty in this situation worry, annoy or upset you?	0	1	2	3	4	5
Q3 In this situation, what proportion of the time do you wear your hearing aid?	0	1	2	3	4	5
Q4 In this situation, how much does your hearing aid help you?	0	1	2	3	4	5
Q5 In this situation, with your hearing aid, how much difficulty do you now have?	0	1	2	3	4	5
Q6 For this situation, how satisfied are you with your hearing aid?	0	1	2	3	4	5

Does this situation happen in your life?

Having a conversation with several people in a group	Y	N				
Q1 How much difficulty do you have in this situation?	0	1	2	3	4	5
Q2 How much does any difficulty in this situation worry, annoy or upset you?	0	1	2	3	4	5
Q3 In this situation, what proportion of the time do you wear your hearing aid?	0	1	2	3	4	5
Q4 In this situation, how much does your hearing aid help you?	0	1	2	3	4	5
Q5 In this situation, with your hearing aid, how much difficulty do you now have?	0	1	2	3	4	5
Q6 For this situation, how satisfied are you with your hearing aid?	0	1	2	3	4	5

Source: GHABP (Glasgow Hearing Aid Benefit Profile)

ANSWER KEY

Q1	0 = N/A	1 = No difficulty	2 = Slight difficulty	3 = Moderate difficulty	4 = Great difficulty	5 = Cannot manage
Q2	0 = N/A	1 = Not at all	2 = Only a little	3 = A Moderate amount	4 = Quite a lot	5 = Very much
Q3	0 = N/A	1 = Never	2 = ¼ of the time	3 = ½ of the time	4 = ¾ of the time	5 = All the time
Q4	0 = N/A	1 = No use	2 = Some help	3 = Quite helpful	4 = Great help	5 = Perfect with aid
Q5	0 = N/A	1 = No difficulty	2 = Slight difficulty	3 = Moderate difficulty	4 = Great difficulty	5 = Cannot manage
Q6	0 = N/A	1 = Not satisfied	2 = A little satisfied	3 = Reasonably satisfied	4 = Very satisfied	5 = Delighted

Section 2

We have dealt with some of the situations which in our experience can lead to difficulty with hearing. What we would now like you to do is to nominate up to four new situations in which it is important for you as an individual to be able to hear as well as possible.

Hearing situation for you as an individual

Q1

How much difficulty do you have in this situation?

0

1

2

3

4

5

Q2

How much does any difficulty in this situation worry, annoy or upset you?

0

1

2

3

4

5

Q3

In this situation, what proportion of the time do you wear your hearing aid?

0

1

2

3

4

5

Q4

In this situation, how much does your hearing aid help you?

0

1

2

3

4

5

Q5

In this situation, with your hearing aid, how much difficulty do you now have?

0

1

2

3

4

5

Q6

For this situation, how satisfied are you with your hearing aid?

0

1

2

3

4

5

Hearing situation for you as an individual

Q1

How much difficulty do you have in this situation?

0

1

2

3

4

5

Q2

How much does any difficulty in this situation worry, annoy or upset you?

0

1

2

3

4

5

Q3

In this situation, what proportion of the time do you wear your hearing aid?

0

1

2

3

4

5

Q4

In this situation, how much does your hearing aid help you?

0

1

2

3

4

5

Q5

In this situation, with your hearing aid, how much difficulty do you now have?

0

1

2

3

4

5

Q6

For this situation, how satisfied are you with your hearing aid?

0

1

2

3

4

5

Hearing situation for you as an individual

Q1

How much difficulty do you have in this situation?

0

1

2

3

4

5

Q2

How much does any difficulty in this situation worry, annoy or upset you?

0

1

2

3

4

5

Q3

In this situation, what proportion of the time do you wear your hearing aid?

0

1

2

3

4

5

Q4

In this situation, how much does your hearing aid help you?

0

1

2

3

4

5

Q5

In this situation, with your hearing aid, how much difficulty do you now have?

0

1

2

3

4

5

Q6

For this situation, how satisfied are you with your hearing aid?

0

1

2

3

4

5

Hearing situation for you as an individual

Q1

How much difficulty do you have in this situation?

0

1

2

3

4

5

Q2

How much does any difficulty in this situation worry, annoy or upset you?

0

1

2

3

4

5

Q3

In this situation, what proportion of the time do you wear your hearing aid?

0

1

2

3

4

5

Q4

In this situation, how much does your hearing aid help you?

0

1

2

3

4

5

Q5

In this situation, with your hearing aid, how much difficulty do you now have?

0

1

2

3

4

5

Q6

For this situation, how satisfied are you with your hearing aid?

0

1

2

3

4

5

ANSWER KEY

Q1	0 = N/A	1 = No difficulty	2 = Slight difficulty	3 = Moderate difficulty	4 = Great difficulty	5 = Cannot manage
Q2	0 = N/A	1 = Not at all	2 = Only a little	3 = A Moderate amount	4 = Quite a lot	5 = Very much
Q3	0 = N/A	1 = Never	2 = ¼ of the time	3 = ½ of the time	4 = ¾ of the time	5 = All the time
Q4	0 = N/A	1 = No use	2 = Some help	3 = Quite helpful	4 = Great help	5 = Perfect with aid
Q5	0 = N/A	1 = No difficulty	2 = Slight difficulty	3 = Moderate difficulty	4 = Great difficulty	5 = Cannot manage
Q6	0 = N/A	1 = Not satisfied	2 = A little satisfied	3 = Reasonably satisfied	4 = Very satisfied	5 = Delighted



Section 3

Using your Sprint hearing aids with other devices

For more guidance on using your hearing aid, please refer to the Sprint user guide. Follow the safety guide to avoid damage or injury.

Remember the simple communication tactics provided in the first booklet (pages 10-11). Now that you are wearing your hearing aids, these still all apply and you can use them together. Here are a few more tactics along with some advice about additional equipment you can use with your hearing aids.

There are various ways to improve hearing on the telephone depending on the features available on the particular telephone model.

Telephones (landlines and mobiles)

Sounds from the telephone/mobile receiver need to pass through the hearing aid for you to be able to hear them more clearly. Therefore, if you are using the handset:

- Leave your hearing aids in your ears, with the volume set to suit you.
- Put the telephone receiver on the hearing aid towards the top of your ear as shown in the picture to the left.
- This position will help you to hear the caller far more clearly.

Alternatively, if your telephone/mobile has a speakerphone, you can listen to the conversation through the speaker and take advantage of the fact that you have two hearing aids.

For connection to **Bluetooth®** phones please see opposite.

Many telephones now have an adjustable volume control. Whilst this can be helpful, often the problem lies with clarity and not volume. Therefore it is still important to use your hearing aids even if your telephone has an additional volume control. Be careful not to set the volume on the speaker too loud otherwise it may distort the sound.

Bluetooth® connections

The Sprint hearing aids you are now wearing are compatible with a **Bluetooth®** device called easyTek™.

Bluetooth® Phones

The easyTek™ audio streamer is available for Sprint hearing aids. easyTek provides audio streaming for devices such as smartphones, tablets and televisions direct to the Sprint hearing aids. The easyTek App provides an ultra discreet, easy way for you to control your Sprint hearing aids.

Other devices

The VoiceLink™ microphone connects to the easyTek audio streamer and enables users to hear the target speaker. This is a practical solution when Sprint wearers are attending conferences or lecture type meetings.

Smartphone apps

Sprint hearing aids also are compatible with the touchControl App which provides simple volume and program adjustments and is available to download for free from the Google Play and Apple App stores.



easyTek and App

To find out more about easyTek and for useful handling videos please go to **www.signia-hearing.co.uk**

For how to purchase an easyTek or VoiceLink, please ask your NHS Provider or visit **www.connevans.co.uk** to buy online.

Section 3



Loop systems (telecoil)

Your Sprint hearing aids are not set up to work with a loop system.

If after wearing your Sprint hearing aids and training them to your listening preferences, you are experiencing difficulty in situations where a loop system is available, please ask your NHS Provider for advice.

This symbol means a Loop System is available for hearing aids wearers.

Local services

Your NHS Provider will have given you details of where to find the following services:

- Replacement batteries
- Replacement ThinTubes/LifeTips
- Cleaning wires
- Lip reading classes
- Assistive listening devices
- Repair appointments

NOTES OF SERVICES:

Section 4

Sources of further information

Action on Hearing Loss

(formerly known as RNID)

Telephone: 0808 808 0123 (freephone)

Textphone: 0808 808 9000 (freephone)

Head Office:

19-23 Featherstone Street,
London EC1Y 8SL

Telephone: 020 7296 8000

Textphone: 020 7296 8001

Email: informationline@hearingloss.org.uk

Website: www.actiononhearingloss.org.uk

British Tinnitus Association

Telephone:

0800 018 0527 free of charge within the UK
0114 250 9922 national rate within the UK
+44 (0)114 250 9922 outside the UK

Head Office:

Ground Floor, Unit 5, Acorn Business
Park, Woodseats Close, Sheffield S8 0TB

Email: info@tinnitus.org.uk

Website: www.tinnitus.org.uk

Hearing Link

Hearing Link is here to give you advice, information and support. Please contact our Helpdesk by phone.

Telephone: 0300 111 1113

Head Office:

27-28 The Waterfront, Eastbourne,
East Sussex BN23 5UZ

SMS: 07526 123255

Email: enquiries@hearinglink.org

Website: www.hearinglink.org/contactus

Sense (for deafblind people)

Telephone:

0300 330 9256 or 020 7520 0972

Textphone:

0300 330 9256 or 020 7520 0972

Fax:

0300 330 9251

Head Office:

101 Pentonville Road, London N1 9LG

Email: info@sense.org.uk

Website: www.sense.org.uk

Signia Hearing Aids

www.signia-hearing.co.uk