

## Quit Your Way Stop Smoking clinics for April 2023

### South Ayrshire

Area	Location	Time and Day
Ayr	South Ayrshire Life, Newmarket Street**	Monday, 1pm – 3pm (Fortnightly)
Troon	Barassie Street Clinic***	Tuesday, 9am – 12pm
Dundonald	Dundonald Pharmacy, Main Street	Tuesday, 2pm – 5pm
Ayr	Wallacetown Hub, 37 George Street**	Tuesday, 1pm – 4pm
Prestwick	Toll Pharmacy, Ayr Road**	Wednesday, 1pm – 4.30pm
Maybole	Maybole Library, High Street**	Wednesday, 10am – 12pm Runs Fortnightly
Ayr	Lloyd's Pharmacy, Dalmellington Rd***	Wednesday, 1.30pm – 4pm
Ayr	Ayr College, Riverside Building**	Thursday, 12pm – 2pm
Girvan	Girvan Library, Montgomerie Street**	Thursday, 2pm – 4.45pm (Fortnightly)

### East Ayrshire

Area	Location	Time and Day
Dalmellington	Dalmellington Project Dalmellington Community Centre**	Wednesday, 9.30am – 1pm Runs Fortnightly
Kilmarnock	Kilmarnock College**	Wednesday, 12pm – 2pm
Kilmarnock	Our Wee Place, Shortlees***	Thursday, 1.30pm – 4.15pm
Kilmarnock	Central Clinic, Old Irvine Road***	Friday, 1pm – 4pm

\*Denotes clinics are for practice patients only

\*\* Denotes clinics are drop in so no appointment is required. Just drop in during times mentioned

\*\*\*Denotes appointment is required for this clinic. Please phone the FREE Helpline on 0800 783 9132 to get booked in

\*\*\*\* Denotes Group support.

Quit Your Way is a FREE service and we also provide FREE NRT (Nicotine Replacement Therapy) Quit Your Way also offer Telephone Support and Near Me Video Consultation. To discuss a support that suits you please do not hesitate to contact us. Contact Details below

Facebook: [www.facebook.com/QYWAyrshire](https://www.facebook.com/QYWAyrshire) Email: [QYWAyrshire@aapct.scot.nhs.uk](mailto:QYWAyrshire@aapct.scot.nhs.uk)

To self-refer to the Quit Your Way service please scan the QR Code below or give us a phone



**0800 783 9132**