

Quit Your Way Stop Smoking Clinics for April 2023

North Ayrshire

Area	Location	Time and Day
Dalry	Dalry Health Centre, Vennel Street*	Monday, 9.30am – 11.30am
Stevenston	Stevenston Group Practice, Main Street* Telephone Support	Tuesday, 9am – 11am
Kilbirnie	Kilbirnie Health Centre, Kirklands Road*	Tuesday, 10am – 12pm
Irvine	Café Solace, Fullarton Connexions**	Tuesday, 4.30pm – 5.30pm
Saltcoats	Saltcoats Group Practice, 17-19 Raise St* Telephone Support	Wednesday, 9.30am – 11.30am
Kilwinning	Kilwinning College, Lauchlan Way**	Wednesday, 12pm – 2pm
Largs	Largs Medical Practice, Brisbane Road* Telephone Support	Thursday, 10am – 12pm

Please note that times and venues are subject to change.

*Denotes clinics are for practice patients only

** Denotes clinics are drop in so no appointment is required. Just drop in during times mentioned

***Denotes appointment is required for this clinic. Please phone the FREE Helpline on 0800 783 9132 to get booked in

**** Denotes Group support.

Quit Your Way is a FREE service and we also provide FREE NRT (Nicotine Replacement Therapy)
Quit Your Way also offer Telephone Support and Near Me Video Consultation. To discuss a support that suits you please do not hesitate to contact us. Contact Details below

Facebook: www.facebook.com/QYWAyrshire Email: QYWAyrshire@aapct.scot.nhs.uk

To self-refer to the Quit Your Way service please scan the QR Code below or give us a call



0800 783 9132