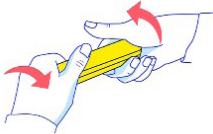
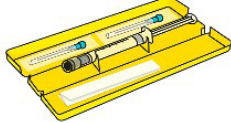
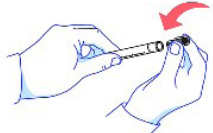




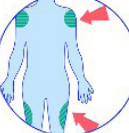

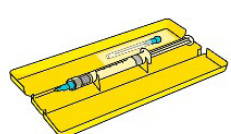


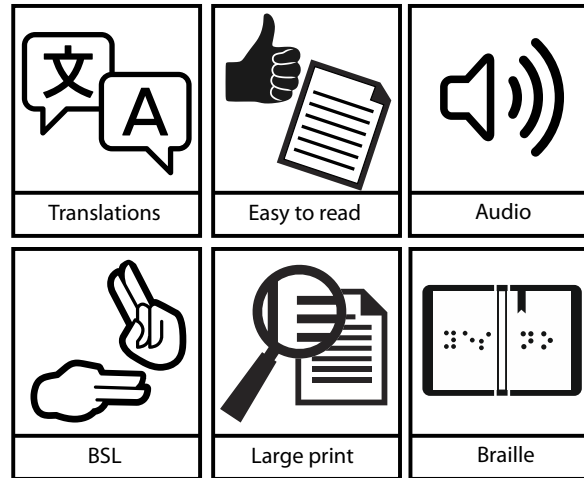
Naloxone


Naloxone can temporarily reverse the effects of opioid overdose for up to 20 minutes.

Administering Naloxone – First action 'Call 999'

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We are happy to consider requests for this publication in other languages or formats such as large print.



 Call: 01563 825856

 Email: pil@aapct.scot.nhs.uk



Tell us what you think...

If you would like to comment on any issues raised by this document, please complete this form and return it to our Feedback and Complaints team: PO Box 13, Eglinton House, Ailsa Hospital, Dalmellington Road, Ayr KA6 6AB. Alternatively, you can call free on **0800 169 1441** or email complaintsteam@aapct.scot.nhs.uk

Name _____

Address _____

Comment _____


Last reviewed: January 2023
Leaflet reference: AD22-006-GD / PIL22-0081



NHS
Ayrshire
& Arran


Near-fatal overdose

Information for you

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Why have I been given this leaflet?

We have given you this leaflet because you overdosed and were given naloxone by ambulance staff to reverse the effects of opiates and save your life.

We advise you to go to hospital following an overdose for further medical advice.

This leaflet describes what will happen, whether or not you choose to go to hospital.

What will happen?

If you are admitted to hospital, the Alcohol and Drug Liaison Team at University Hospitals Ayr or Crosshouse may contact you to offer assessment and onward referral for community support with your consent.

The Scottish Ambulance Service will alert local community alcohol and drug services that they gave you urgent medical attention.

They will do this so that you can receive further support for your health and wellbeing. This is also an opportunity for you to receive non-judgemental advice, support and treatment.

Staff will then contact you to arrange ongoing support at a date and time suitable to you .

Useful numbers for local support

North Ayrshire Alcohol and Drug Recovery Service (NADARS)

01294 476000

North Ayrshire Prevention, Early intervention and Recovery (PEAR) – Turning Point

01294 447407

East Ayrshire Rapid Access to Drug and Alcohol Recovery (RADAR)

01563 578770

East Ayrshire Addiction Services

01563 574237

We are with you – East Ayrshire

01563 558777

South Ayrshire Treatment and Recovery Team (START)

01292 559800

We are with you – South Ayrshire

01292 430529

Overdose awareness – signs and symptoms



Not Responding

Doesn't move and can't be woken.



Slow or Not Breathing

A breath every 5 seconds is normal.



Blue Lips & Nails

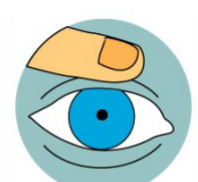


Cold or Clammy Skin



Making Sounds

Choking, gurgling sounds or snoring



Tiny Pupils