



## Information for you

The Injecting Equipment Provision (IEP) service was previously known as the Needle Exchange service. This service offers advice and guidance on how to use needles and other equipment safely.

### Safer injecting advice

- Always use clean or new equipment.
- Never share any equipment.
- Work from a clean surface to prepare your hit.
- Ensure you are using the right needle in the right place.

### Always inject towards your heart (up the way).

### Steps to safer injecting:

- Wash your hands and the injecting site.
- Prepare the drug.
- If using citric acid, use as little as possible.
- Use needle cap to stir, not the needle!
- Draw up the solution using the filter, if needed.
- Place the capped syringe on a clean surface.
- Find a suitable vein. Only use a tourniquet if needed.
- Uncap the syringe.
- Try not to touch the needle.

- Make sure all the air has been removed.
- Slowly insert the needle into the vein:
  - make sure the eye of the needle is pointing up; and
  - insert the needle at a 40 degree angle.
- Pull the plunger back a little, to check for blood.
- Release the tourniquet (if used) and inject slowly.
- Remove the needle slowly and apply pressure with a dry swab.
- Dispose of equipment safely.

### Specialist services

These nurse-led clinics offer additional services including overdose awareness, naloxone supply, blood borne virus (BBV) testing and vaccination, wound care, sexual health, screening and contraception advice/provision.

This leaflet was produced with kind permission from NHS Greater Glasgow and Clyde IEP Services and Scottish Drugs Forum Glasgow.

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## Pharmacy Injecting Equipment Service Providers

Location	Monday to Friday	Saturday
Mossblown Chemists Ltd 2 Mauchline Road, Mossblown Ayr KA6 5DL 01292 520379	09:00 - 18:00	09:00 - 12:00
Well pharmacy 10 - 12 Sandgate Ayr KA7 1BH 01292 285576	08:30 - 18:00	09:00 - 13:00
Boots UK Ltd 168/170 High Street Ayr KA7 1PZ 01292 269323	08:30 - 18:00	08:30-18:00 (12:00 - 16:00 Sunday)
Lloyds Pharmacy 26 Wellington Square Ayr KA7 1HH 01292 610070	09:00 - 18:00	09:00 - 12:00
Boots UK Ltd 22 Fullarton Street Ayr KA7 1UB 01292 261043	08:30 - 17:45	09:00 - 12:00
Rowlands Pharmacy 29 Mount Oliphant Crescent, Forehill Ayr KA7 3EN 01292 261013	08:30 - 17:30	09:00 - 14:00
Boots UK Ltd 42 Main Road, Whitletts Ayr KA8 0LQ 01292 267745	09:00 - 18:00	09:00 - 13:00
Boots UK Ltd 99 New Road Ayr KA8 8DD 01292 262486	08:30 - 18:00	09:00 - 13:00
Boots UK Ltd 39 Dalrymple Street Girvan KA26 9BS 01465 712234	09:00 - 17:30	09:00 - 13:00
Boots UK Ltd Girvan Community Hospital, Bridgemill Girvan KA26 9HQ 01465 712118	09:00 - 17:30	09:00 - 13:00
Boots UK Ltd 8 The Cross Prestwick KA9 1AJ 01292 477483	09:00 - 18:00	09:00 - 13:00
Boots UK Ltd 89-91 Main Street Prestwick KA9 1JS 01292 477870	09:00 - 18:00	09:00 - 17:00
Boots UK Ltd 66/68 Main Street Prestwick KA9 1PA 01292 477105	09:00 - 17:30	09:00 - 13:00
Toll Pharmacy 153 Ayr Road Prestwick KA9 1TP 01292 478244	08:45 - 17:45	08:45 - 17:45
Boots UK Ltd Unit 5, 49 Academy Street Troon KA10 6HR 01292 314275	<b>Monday, Tuesday, Wednesday and Friday</b> 09.00 - 18.00, <b>Thursday</b> 09.00 - 17.00	<b>Saturday</b> 09.00 - 17.30, <b>Sunday</b> 12:00 - 16.00

## NHS Addictions Service Injecting Equipment Provision (Needle Exchange)

Day	Location	Open	Close
Monday to Friday	Outreach Delivery Service (due to COVID pandemic) Contact: 07584 491668	11.00	14.00