Fetal Alcohol Spectrum Disorder (FASD)  
2019 Training Dates

Fetal Alcohol Spectrum Disorder (FASD) is a range of characteristics displayed by children who have been exposed to alcohol in-utero. Children may display physical, cognitive, social or emotional disabilities which last a lifetime.

<table>
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<tr>
<th>Aim:</th>
<th>Course duration: 3 hours (9.30am – 12.30pm)</th>
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<tr>
<td>To provide an awareness and understanding of the issues around drinking alcohol during pregnancy and Fetal Alcohol Spectrum Disorder</td>
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**Learning outcomes**

By the end of the course you will:

- have a clear understanding of the alcohol guidelines for pregnancy;
- have an understanding of how alcohol may impact on fetal development;
- have an understanding of what FASD is and the challenges/difficulties that those affected may experience;
- have information on strategies to support individuals;
- have a clear understanding of the prevalence of FASD; and
- have an awareness of the support services available within Ayrshire and Arran.

**Who is it for?**

Open to anyone who would like to increase their knowledge of Fetal Alcohol Spectrum Disorder (of particular interest to staff within Health and Social Care and Education)

**2019 Dates:**

- 20 February: McDonald Education Centre, University Hospital, Ayr
- 20 March: Training Centre, Ayrshire Central Hospital, Irvine
- 17 April: McDonald Education Centre, University Hospital, Ayr
- 21 May: Alexander Fleming Education Centre, University Hospital, Crosshouse
- 19 June: Training Centre, Ayrshire Central Hospital, Irvine
- 22 August: McDonald Education Centre, University Hospital, Ayr
- 18 September: Training Centre, Ayrshire Central Hospital, Irvine
- 22 October: Alexander Fleming Education Centre, University Hospital, Crosshouse
- 19 November: Training Centre, Ayrshire Central Hospital, Irvine
- 17th December: Alexander Fleming Education Centre, University Hospital, Crosshouse

**To book:**

Email: FASDtraining@aapct.scot.nhs.uk