Make 2015 the year you volunteer

NHS Ayrshire & Arran is hoping that 2015 will be the year that more local people than ever choose to give their time to help others by volunteering.

Within NHS Ayrshire & Arran, there are a variety of hospital-based volunteer roles to be filled, including:

- activity volunteers;
- drivers;
- mystery visitors;
- public representatives;
- smoking cessation volunteers;
- gardeners;
- ward mealtime volunteers; and
- welcomers.

Andrew Moore, Assistant Director of Nursing and Patient Focus and Public Involvement lead, explains: “We are asking people to give as much or as little time as they can to join our friendly team of existing volunteers who provide a vital service within our hospitals.

“Full training and support is given and their hard work is very much appreciated by all our staff, patients and visitors. We’re encouraging people of all ages to get involved and give it a go. Our volunteers are very special to us and it's a great way to meet new friends.”

To find out more about volunteering with NHS Ayrshire & Arran, contact Gill Rogers by telephone on 01292 513669 or email gill.rogers@aapct.scot.nhs.uk.

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