Come along to our stroke awareness event

To mark stroke awareness week and World Stroke Day, NHS Ayrshire & Arran is holding a stroke awareness event on Friday 30 October 2015 from 2.30pm to 4.30pm in the Gallery Dining Room, Ayrshire Central Hospital, Irvine.

Drop in to the event to find out more about the causes of stroke, how to reduce your risks of having a stroke and also about life after stroke.

A number of other organisations will have information stands including KA Leisure, East Ayrshire Leisure, Hospital Volunteers, Chest Heart and Stroke Scotland and Vision after stroke. As well as carers organisations, stroke specialist nurses, physiotherapists, occupational therapists, speech and language therapists, dietitians, orthoptists and the Managed Clinical Network for heart disease and stroke.

To find out more about the event, contact Fiona McLaughlin, Stroke Specialist Nurse on 01563 827651.

Ends

Date of release: Wednesday 21 October 2015

Notes to editors:

- Every two seconds someone in the world will have a stroke for the first time.
- Scotland has the highest percentage of stroke survivors in the UK,
- There is a higher incidence rate of stroke in Scotland than the rest of the UK.
For further media enquiries about this topic, please contact:

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