Community pharmacies open in South Ayrshire over the New Year holiday period

Ayrshire and Arran’s community pharmacies can help you battle the winter blues with a healthy dose of good advice.

Community pharmacists can answer questions on choosing and using the right medicine and provide easy-to-understand advice on treating everyday ailments such as coughs, colds and flu. NHS 24 also has a number of community pharmacists who are able to answer medicine and pharmacy-related questions over the telephone on 111.

You can also do a number of things to ensure you are prepared to deal with common illnesses for the coming months. Have a sufficient supply of medicines like paracetamol, sore throat and cough remedies, as these will help to relieve the symptoms of common winter ailments. If you take regular medication, check your existing supplies and only order what you need to ensure you have enough to see you through the weekends, public holidays and holidays away from home.

What your community pharmacist can do

- If you qualify for the Minor Ailments Service your community pharmacist may prescribe medication for you following a consultation.
- Give you advice on the best way to take your medicines.
- Give women advice and supply emergency hormonal contraception.
- Dispense prescriptions.
- Give advice on diet and exercise.
- Give advice, support and where appropriate, prescribe nicotine replacement therapy to those giving up smoking.
Media
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- Hold records of your medicines to ensure that the safety of any future medication is checked.
- Provide a private area to discuss sensitive issues.
- Give you advice over the telephone.

Many pharmacies also offer
- Advice on travel health.
- Pregnancy testing.
- Collection and delivery of prescriptions.
- Supervised methadone supply.
- Needle exchange.

Over New Year, GP practices will be closed for four days from New Year’s Day until Tuesday 5 January 2016. During this time, you can still get advice from your community pharmacist.

Thursday 31 December 2015
All pharmacies will open as normal and close as normal with the exception of:
- Boots, 49 Academy Street, Troon – closes at 6pm.
- Wm Morrison Pharmacy, Castlehill Road, Ayr – closes at 5.30pm.
- Stevenson Chemist, 131 Deveron Road, Troon – closes at 5.30pm.

Friday 1 January 2016
All pharmacies will be **closed** except:
- Boots, 99 New Road, Ayr. Open 10am – 12 noon.
- Toll Parmacy, 153 Ayr Road, Prestwick. Open 12 noon – 2pm.

Saturday 2 January 2016
All pharmacies will be **closed** except:
- Boots Pharmacy, 168/170 High Street, Ayr. Open from 9am – 5pm.
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- Lloyds Pharmacy, 63/65 Alloway Street, Ayr. Open 9am – 5pm.
- Lloyds Pharmacy, 26 Wellington Square, Ayr. Open 9am – 12noon.
- Rowlands Pharmacy, 29 Mount Oliphant Crescent, Ayr. Open 9am – 1pm.
- Well Pharmacy, 14 Sandgate, Ayr. Open 9am – 1pm.
- Morrisons Pharmacy, Castlehill Road, Ayr. Open 8am – 8pm.
- Lloyds, 146 Dalmellington Road, Ayr. Open from 9am – 5pm.
- Lloyds Pharmacy, 71 High Street, Maybole. Open 9am – 5pm.
- Lloyds Pharmacy, 9 High Street, Maybole. Open 9am – 5pm.
- Boots, 89 Main Street, Prestwick. Open 9am – 5pm.
- Boots, 49 Academy Street, Troon. Open from 10am – 5pm.

Sunday 3 January 2016
All pharmacies will be closed except:
- Boots Pharmacy, 168/170 High Street, Ayr. Open from 11am – 5pm.
- Morrisons Pharmacy, Castlehill Road, Ayr. Open 9am – 5pm.
- Lloyds, 146 Dalmellington Road, Ayr. Open from 10am – 5pm.
- Boots, 49 Academy Street, Troon. Open from 11am – 4pm.

Monday 4 January 2016
All pharmacies will be closed except:
- Boots Pharmacy, 168/170 High Street, Ayr. Open from 9am – 5pm.
- Boots UK Ltd, 42 Whitletts Road, Ayr. Open 9am – 6.30pm.
- Morrisons Pharmacy, Castlehill Road, Ayr. Open 9am – 5pm.
- Lloyds, 146 Dalmellington Road, Ayr. Open from 10am – 2pm.
- Seafield Pharmacy, 43/45 Blackburn Drive, Ayr. Open 9am – 6pm.
- Boots UK Ltd, Girvan Community Hospital, Bridgemill, Girvan. Open 11am – 4pm.
- Boots, 89 Main Street, Prestwick. Open 11am – 3pm.
- JG Brodlie, 15 Templehill, Troon. Open 9am – 5.30pm.
- Boots, 49 Academy Street, Troon. Open from 10am – 5pm.
• Stevenson Chemist, 131 Deveron Road, Troon. Open 9am – 1pm.

If you need a doctor urgently and your GP’s surgery is closed, call NHS 24 on 111.

For emergency dental treatment, call NHS 24 on 111.

Ends

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For further media enquiries about this topic, please contact:

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