What is Individual Placement and Support (IPS)?
IPS is focused on helping people with a mental health condition gain paid employment of their choosing.

**Who would provide the help?**
You would receive a joint assessment from your Community Mental Health Team Key Worker and the IPS worker. Your IPS worker would then continue to offer ongoing practical advice and job search support as well as signposting to other relevant services, such as benefits assessments services.

**Where will the support take place?**
It depends on the kind of support you need. It might be in your home, at the library, local College Resource centre or any other appropriate venue of your choice.

---

**What’s included?**
- Help finding jobs
- Help creating a CV
- Online job search and application assistance
- Help managing benefits
- Practical interview techniques
- Explaining a mental health illness
- Disclosing any convictions to employers
- Help explaining periods of unemployment
- Practical support (such as accompanying to interviews)
- Educate and support employers in respect of mental health issues at work

---

I’m really excited about the thought of working – even just the feeling of being needed will be huge
I think it will be great to have on-going support once I find a job – just someone to be able to talk to if things are difficult!

I was worried how to explain the gaps in my work history – the IPS worker has given me some great ways to fill this!

I think it will be great to have on-going support once I find a job – just someone to be able to talk to if things are difficult!

Even just the thought of looking for work was daunting. It’s nice to have someone who believes in me and gives me great help with my job search.

Key principles

- Competitive employment is the primary goal
- Everyone who wants it is eligible for employment support
- Job search is consistent with individual preferences
- Job search is rapid and could begin within one month
- Employment specialist and clinical teams work and are located together
- Support is time-unlimited and is individualized to both the employer and the employee
- Benefits counseling supports the person through the change from benefits to work
IPS – Doing what works!

Ready when you are...

So... what do you do next?

Discuss your employment goals with your key worker and ask about IPS!

As an employer, I can understand the difficulties and barriers that can present themselves, not just to the employee but to me as well. Having an IPS worker supporting us both is a great combination.
All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

Wszystkie nasze publikacje są dostępne w różnych językach, dużym drukiem, brajlem (tylko w wersji angielskiej), na taśmie dźwiękowej lub w innym formacie Twojego wyboru.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip claistinn no riochd eile a tha sibh airson a thaghadh.

Hamari sab prakshan anek bhasho, badhe akshar dhiachai, breli (kevel angrejii), sunne vaiyi kasset ya aapki pasandnu saar kisi anay format (aasray) me bhi upalabd hai.

所有我们的印刷品均有不同语言版本、大字体版本、盲文（只有英文）、录音带版本或你想要的另外形式供选择。

Tell us what you think...

If you would like to comment on any issues raised by this document, please complete this form and return it to: Communications Department, 28 Lister Street, University Hospital Crosshouse, Crosshouse KA2 0BB. You can also email us at: comms@aaaht.scot.nhs.uk. If you provide your contact details, we will acknowledge your comments and pass them to the appropriate departments for a response.

Name ____________________________________________
Address ____________________________________________
__________________________________________
Comment ____________________________________________
__________________________________________

Last reviewed: June 2016
Leaflet reference: MIS16-095-CC/PIL16-0080B