Fetal Alcohol Spectrum Disorder diagnostic service
Information for you
Fetal Alcohol Spectrum Disorder (FASD) is a range of physical and neurodevelopmental disorders in children who have been exposed to alcohol before they were born. These can include a smaller head, small eyes, thin upper lip and difficulties with memory, understanding and attention.

What is Rainbow House?

Rainbow House is an assessment, diagnosis and treatment centre for children and young people in Ayrshire and Arran with concerns regarding development. It is located at Ayrshire Central Hospital, and is the base for the Community Paediatric Service.

We provide a wide variety of services from Rainbow House. If there is a concern about your child’s development being as a result of alcohol exposure during pregnancy, you will be referred to the FASD diagnostic service. We may need to see them just once, or over a long period of time.

Assessments can take place at Rainbow House, at home or at your child’s school. Your first assessment will take place at Rainbow House and take approximately 2 hours.

Our staff work in partnership with parents and carers and the children and young people. We also work closely with education departments and social work.

The information you share with us is confidential.

When your child’s assessment is complete, we will offer you an appointment to return to Rainbow House to discuss our findings. With your consent, a copy may also be forwarded to other professionals involved in your child or young person’s care.
**FASD Diagnostic team at Rainbow House**

**FASD Clinical Co-ordinator:** will have contacted you by telephone prior to your first appointment at Rainbow House. The co-ordinator will be your link with the FASD diagnostic service.

**Consultant paediatricians:** specialise in the assessment and diagnosis of children and young people with concerns regarding development. They will take measurements on the day of assessment including head circumference and eye measurements.

**Medical Photography:** arrangements will be made for your child to attend Crosshouse Hospital to have facial photographs taken.

**Clinical psychologists:** see children and young people and their families when there are concerns about development. The psychologist will help your child and others to understand how they think, feel and behave. This may take up to 8 appointment sessions.

**Occupational therapists:** Occupational therapy enables people to participate in daily life to improve their health and wellbeing. Daily life is made up of many activities (or occupations). Occupational therapy for children and young people may include self-care (getting ready to go out, eating a meal, using the toilet), being productive (going to nursery or school, or volunteering) and leisure (playing with friends or doing hobbies). College of Occupational therapy, 2015.

**Speech and Language Therapist:** SLTs assess and treat speech, language and communication problems in people of all ages to help them communicate better. As part of the FASD diagnostic process your child’s ability to understand and use language will be assessed by a speech and language therapist. Advice and strategies to maximise his / her potential may be given. If further support is required this will be discussed with you.
All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

Wszystkie nasze publikacje są dostępne w różnych językach, dużym drukiem, brajlem (tylko w wersji angielskiej), na taśmie dźwiękowej lub w innym formacie Twojego wyboru.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip claistinn no rìochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े आकर्षों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉर्मेट (आरप) में भी उपलब्ध हैं।

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If you would like to comment on any issues raised by this document, please complete this form and return it to: Communications Department, 28 Lister Street, University Hospital Crosshouse, Crosshouse KA2 0BB. You can also email us at: comms@aaahc.scot.nhs.uk. If you provide your contact details, we will acknowledge your comments and pass them to the appropriate departments for a response.

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