Injecting Equipment Provision (IEP) service

Information for you

The Injecting Equipment Provision (IEP) service was previously known as the Needle Exchange service. This service offers advice and guidance on how to use needles and other equipment safely.

Safer injecting advice

- Always use clean or new equipment.
- Never share any equipment.
- Work from a clean surface to prepare your hit.
- Ensure you are using the right needle in the right place.
- Make sure all the air has been removed.
- Slowly insert the needle into the vein:
  - make sure the eye of the needle is pointing up; and
  - insert the needle at a 40° angle.
- Pull the plunger back a little, to check for blood.
- Release the tourniquet (if used) and inject slowly.
- Remove the needle slowly and apply pressure with a dry swab.
- Dispose of equipment safely.

Always inject towards your heart (up the way).

Steps to safer injecting:

- Wash your hands and the injecting site.
- Prepare the drug.
- If using citric acid, use as little as possible.
- Use needle cap to stir, not the needle!
- Draw up the solution using the filter, if needed.
- Place the capped syringe on a clean surface.
- Find a suitable vein. Only use a tourniquet if needed.
- Uncap the syringe.
- Try not to touch the needle.
- Pull the plunger back a little, to check for blood.
- Release the tourniquet (if used) and inject slowly.
- Remove the needle slowly and apply pressure with a dry swab.
- Dispose of equipment safely.

Specialist services

These nurse-led clinics offer additional services including overdose awareness, naloxone supply, blood borne virus (BBV) testing and vaccination, wound care, sexual health, screening and contraception advice/provision.

This leaflet was produced with kind permission from NHS Greater Glasgow and Clyde IEP Services and Scottish Drugs Forum Glasgow.
East Ayrshire

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<tr>
<th>Open</th>
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<th>Location</th>
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<tbody>
<tr>
<td>Monday, Wednesday and Friday</td>
<td>1.30pm</td>
<td>4.30pm</td>
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<td>Tuesday and Thursday</td>
<td>2pm</td>
<td>4.15pm</td>
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<td>Tuesday</td>
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North Ayrshire

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<tr>
<td>Monday</td>
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<td>Wednesday</td>
<td>3pm</td>
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South Ayrshire

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<tr>
<td>Friday</td>
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You can also ask for injecting equipment to be delivered to your home by contacting:

- **East Ayrshire** - 01563 574237
- **North Ayrshire** - 01294 476000
- **South Ayrshire** - 01292 559800

Community pharmacies

The following community pharmacies offer injecting equipment supply, sharp safe container supply and disposal of used equipment.

**East Ayrshire**

Lloyds Pharmacy
9B Townhead Street, Cumnock
KA18 1LA
01290 421 632

Boots UK Ltd
9-11 St Marnock Street, Kilmarnock
KA1 1DZ
01563 541145

**North Ayrshire**

Boots UK Ltd
22/24 High Street, Irvine
KA12 0AY
01294 274533

Townhead Pharmacy
2 Station Plaza, Kilwinning
KA13 6NT
01294 559898

Penman’s Pharmacy
2 Eglinton Street, Beith
KA15 1AQ
01505 502506

Lloyds Pharmacy
28 New Street, Stevenston
KA20 3HF
01294 462498

Boots Uk Ltd
77-79 Dockhead Street, Saltcoats,
KA21 5ED
01294 463607

**South Ayrshire**

Boots UK Ltd
Girvan Community Hospital
Girvan
KA26 9HQ
01465 712118

Lloyds Pharmacy
26 Wellington Square, Ayr
KA7 1HH
01292 610070

Boots UK Ltd
42 Main Road, Whitletts
KA8 0LQ
01292 267745

Toll Pharmacy
153 Ayr Road, Prestwick
KA9 1TP
01292 478244

Opening times vary, please check with your local pharmacy.