

# The Participation Network

Get involved and help shape local health and care services

## Information



**improving health and care together**

**The Person-centred Care Team**

**Telephone: 01563 575416**

**Email: [ParticipationNetwork@aapct.scot.nhs.uk](mailto:ParticipationNetwork@aapct.scot.nhs.uk)**

**Visit our website: [www.nhsaaa.net](http://www.nhsaaa.net)**

# What is the Participation Network?

The Participation Network is a virtual group<sup>1</sup> of patients, carers, members of the public, and community groups that have an interest in knowing about and improving local health and care services.

Being a member of The Participation Network for health and care allows you to receive up to date information about the health and care services that matter to you. You will also hear about opportunities to give your views or time in a range of ways in order to help us put people and communities at the heart of your local NHS and social care services.

## Levels of involvement

There are a number of ways you can be involved as a member:

1. Simply receive up to date information about health or care topics that interest you.
2. Join the Network's Development Group for a more active role that will allow you to be part of developing The Participation Network.
3. Take advantage of a range of volunteering opportunities offered to members.
4. Join health or care groups or committees to be a part of how the views of patients and the public influence decision making.
5. Attend local health events that are publicised through the network.
6. Share your views and opinions about health or care topics.

## Criteria for membership

### You should:

- Live or work in Ayrshire and Arran.
- Have an interest in local health and care services.

<sup>1</sup> Connecting people by computer, phone or email rather than by a physical group or meeting

- Be comfortable with receiving regular information by post or email.
- Be willing to participate by sharing your personal views.
- Be open to opportunities for more active involvement.
- Be willing to take part in an annual evaluation of the network. This will be in the form of a survey.

### **It would be helpful, but not essential to:**

- Understand some of the health and wellbeing needs of your neighbourhood.
- Have the ability to gather community feedback to help influence decision-making.
- Be willing to join decision-making events, groups or committees.

### **Network members are rewarded and recognised by:**

- Receiving a member benefits card that entitles you to a range of health and wellbeing services and products free or at discounted cost.
- An annual celebration and update on the work of the network.
- Training for those who wish to take part in active volunteering and to participate in groups and committees.
- Access to learning and development opportunities.

## **How to get involved**

Contact us for a network registration form or to find out more.

Person-centred Care Team  
The Participation Network  
Kirklands Hospital  
Kilmarnock  
KA1 5LH

Telephone: 01563 575416

Email: [ParticipationNetwork@aapct.scot.nhs.uk](mailto:ParticipationNetwork@aapct.scot.nhs.uk)

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

Wszystkie nasze publikacje są dostępne w różnych językach, dużym drukiem, brajlem (tylko w wersji angielskiej), na taśmie dźwiękowej lub w innym formacie Twojego wyboru.

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كافة مطبوعاتنا متاحة بلغات مختلفة و بالأحرف الطباعية الكبيرة و بطريقة بريال الخاصة بالمكفوفين (باللغة الإنكليزية فقط) و على شريط كاسيت سمعي أو بصيغة بديلة حسب خيارك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip claidinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉरमेट (आरूप) में भी उपलब्ध हैं।

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ਸਾਡੇ ਸਾਰੇ ਪਰਚੇ ਅਤੇ ਕਿਤਾਬਚੇ ਵਗੈਰਾ ਵੱਖ ਵੱਖ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਅਤੇ ਬ੍ਰੇਲ (ਸਿਰਫ਼ ਅੰਗਰੇਜ਼ੀ) ਵਿਚ, ਆਡੀਓ ਟੇਪ 'ਤੇ ਜਾਂ ਤੁਹਾਡੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੇ ਹਨ।



0800 169 1441



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