Abdominal and pelvic ultrasound scan

You are attending hospital for an ultrasound scan of your upper and lower abdomen (stomach). A doctor or sonographer will carry out the examination.

The examination takes about ten to 20 minutes and we will ask you to wear a gown and lie on a couch. We will apply a warm gel to your skin before the scan probe is moved over the area. We will wipe the gel off after the examination.

Please note that if there are any emergencies your appointment may be delayed. This does not happen very often, but we will keep you informed.

Important: What you should do

For an appointment before 12.30pm - Please do not:
• eat after midnight on the night before the appointment
• smoke for 12 hours before your appointment

For an appointment after 12.30pm - Please do not:
• eat after 8am on the day of their appointment.
• smoke for 12 hours before your appointment
Before 8am you may eat a light breakfast, for example tea and toast. Please avoid fatty foods (such as fried food, butter, cheese or milk) and fizzy drinks.

Visit our website: www.nhsaaa.net
For the scan to be a success you must have a full bladder

Please drink at least one, but preferably two pints of water during the hour before your appointment.

Avoid emptying your bladder, but if you must, start drinking again immediately.

If you have a long journey or bladder control problems, please consider arriving at the hospital at least one hour before your appointment and drinking the water provided in the waiting room.

If you are a diabetic, or on medication that has to be taken with a meal, please telephone the department so that we can arrange a suitable appointment for you.

Results: The scan images have to be examined. Your scan results will not be available immediately. They will be sent to the doctor requesting the scan.