Calling all green fingered volunteers

Are you interested in your local environment? Do you want to keep fit and healthy while working to improve your local green spaces? Then the Irvine Green Gym may be just the project for you.

The Green Gym has been running in Eglinton Country Park since September 2009 and is a partnership between the British Trust for Conservation Volunteers (BTCV), Healthy North Ayrshire\(^1\), NHS Ayrshire & Arran and North Ayrshire Council. The project has seen almost 20 volunteers turn up each week to take part in conservation activity in the park.

The group is holding an event to encourage new volunteers to come along on Tuesday 20 April at 11am in Eglinton Country Park.

The group is led by an experienced officer and volunteers can participate in a variety of activities such as planting, pruning, erecting fences and building bird boxes.

If you would like to come along to the Green Gym, please contact the British Trust for Conservation Volunteers (BTCV) Scotland on 01292 525178 / 525010.

Ends

Date of release: Friday 9 April 2010

Photograph:
The group of volunteers who are taking part in Irvine’s Green Gym conservation project.
Notes to editors:

'Healthy North Ayrshire is funded through North Ayrshire Community Planning Partnership.

British Trust for Conservation Volunteers (Scotland) has a successful history of environmental work throughout the United Kingdom. There are currently over 90 Green Gyms across the United Kingdom.

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